

Free-Motion Quilting for Beginners



Free-motion quilting—that's a technique that most beginner quilters wouldn't consider learning. Not so according to [Sewing With Nancy](#) guest, [Molly Hanson](#), who taught herself free-motion quilting early in her sewing career. Molly's goal is to instill confidence in new quilters.

[Free-Motion Quilting for Beginners](#) is this week's online [Sewing With Nancy](#) feature. Watching Molly free-motion quilt is the best way to learn her techniques. [Watch online](#), on Public TV, or on [DVD](#).



Stippling

The most common free-motion quilting technique is stippling. Its versatility, light texture, and ability to blend and not compete with the piecing make it a favorite among quilters. If you've been hesitant to learn this technique, fear not! Learn and use Molly's muscle memory technique to master this first of many free-motion quilting options.



Loop de Loops and Handwriting

What free-motion design should I stitch first? Where should I start? These are questions that you might ask. Molly's answer is, "Start by stitching your name or a favorite word!" The basic loop de loop design—just like cursive—allows you the freedom to incorporate words into free-motion quilting designs.



Pebbles and Chains

Pebbles and Chains consist of a space filled with as many touching circles as possible. Pebbles can fit just about anywhere. Even a single row of pebbles, called a chain of pearls, can be beautiful in small spaces.



10 Free-Motion Quilting Techniques, Plus 15 Projects

In Molly's book, [Free-Motion Quilting for Beginners](#), learn how to:

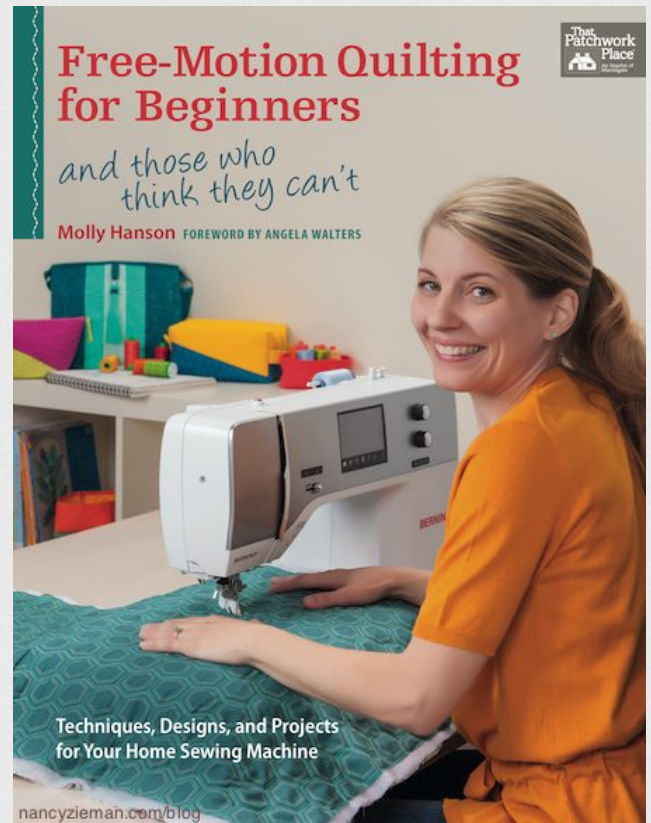
Set up your machine for free-motion quilting, no technique is left out

Begin by learning how to quilt your name, because soon you'll be signing unique works of art

Master all the fundamentals of free-motion quilting by working on manageable fat-quarter-sized fabric pieces

Confidently stitch 10 different quilting designs, including stippling variations, pebbles, square meander, swirls, and woodgrain

Take your skill to new heights as you quilt 15 practical projects to enhance your daily life, such as a table-top organizer, table runner, tote bag, weekender bag, and laptop sleeve

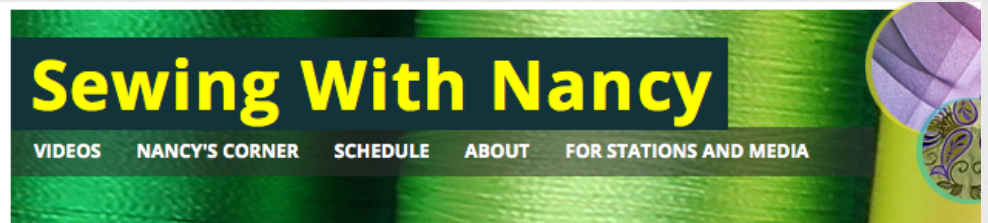


For a chance to win a copy of [Free-Motion Quilting for Beginners](#), let us know which free-motion style is your favorite. A random winner will be announced on January 1.



The random winner of [The Absolute Easiest Way to Sew](#) is Clara who said, At one time I made all my clothes and did not have to alter the pattern. It has been a few years since I have sewn apparel. Now that my body has changed I find that using the pattern without altering is not possible and is a problem for me. So, an easy pattern altering and fitting would be extremely helpful. Thank you for all you do for us.

Watch [Free-Motion Quilting for Beginners \(Part One\)](#) and [Part Two](#) on [Sewing With Nancy](#) online.



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Bye for now,

A handwritten signature in black ink that reads "Nancy Zieman".

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