Solving the Pattern Fitting Puzzle, Part Two

Learning to fit sewing patterns is definitely a sewing necessity. If clothing you’ve made or purchased doesn’t fit, you’re not going to wear it. Well, we can’t have that happen! So, in this new Sewing With Nancy episode, Solving the Pattern Fitting Puzzle Part Two, you’ll learn that fitting patterns doesn’t need to be puzzling.

The common sense approach that I prefer takes the mystery out of the pattern-fitting puzzle. In Solving the Pattern Fitting Puzzle Part Two, I’ll continue where we left off after part one, and show you additional fitting tips. By the end of this program, you’ll have the confidence you need to fit and then sew patterns with ease. I’ll share my Sleeve Fitting Changes, including measuring and altering sleeve width and length.
Measuring Upper Arm
Then, I'll cover Shoulder Fitting Changes, including narrow shoulders, sloping shoulders, and square shoulders.
Next I’ll move on to Back Fitting Changes—including swayback and rounded back.
I’ll finish up
Solving the Pattern Fitting Puzzle Part Two with Skirt Fitting Changes including waistline and hipline.
Check out last week’s post on Solving the Pattern Fitting Puzzle Part One, where I cover the pattern fitting basics; bust, waist, and hip adjustments, along with my Right Size Measurement Fitting Chart (below).

### Right Size Measurement Fitting Chart

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You'll find all my pattern fitting techniques within my book, *Confident Sewing Collection*. Bonus: You can practice these skills using my mini-pattern pieces, which you can download for free.
Watch *Solving the Pattern Fitting Puzzle Part One* and *Part Two* on *Sewing With Nancy* online.

To watch *Sewing With Nancy* on your iPad, iPod Touch, or iPhone, [download the app](#).
For a chance to win a **Solving the Pattern Fitting Puzzle DVD** from Nancy’s Notions, please leave a comment below sharing your pattern fitting puzzler.

Don’t forget to submit your Christmas Stocking in my Stocking Challenge! The deadline to enter is **MONDAY, December 7, 2015**. **Click here to see how to enter.** Make sure you are subscribed to my enews mailing list so you won’t miss a thing. **Sign up here.**

Bye for now,

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