No Strings Attached—Sew an Apron in an Evening!

Sew a quick, easy, and reversible Crisscross Apron ideal for wearing while baking, during a garden harvest, or for next weekend’s BBQ! Today Mary Mulari shares her all-time most requested apron style! You can sew in an evening—with no strings and no ties!

Photo credits and many thanks to Alison Zieman (photographer) Brittany Maher (model).

New! Crisscross Apron
By Mary Mulari, guest blogger and friend of Sewing With Nancy
Supplies
Mary Mulari’s **Crisscross Apron Pattern**
Two 1 yard cuts of cotton quilting fabrics or batik fabrics
For years I’ve received countless requests for a **Crisscross Apron Pattern**. I was stymied by thinking the pattern shape wouldn’t fit on a one yard cut of fabric. I also couldn’t think of a way to make it adjustable for different size people. Then, earlier this year I studied an old apron. I realized the **Crisscross Apron** could be made from a one yard cut of fabric (actually two yards—because it’s reversible!) and the shoulder band piece was the key to adjusting the apron size. Another adjustment opportunity is to narrow or widen the apron front. The **pattern** offers instructions and illustrations for both alterations.
Tablecloth & Fat Quarters

Tablecloth: This was my mother’s tablecloth. I “fussy cut” the pattern from the tablecloth and I love the way the front and back of the apron both show the floral pattern.
Fat Quarter: It’s fun to choose four coordinating fat quarters for one side of the apron. Instead of meeting all four fabrics at one central point, I chose to offset the top and bottom pairs by 3”.
I also added 1" strips of fabric between the fat quarters.

The pocket comes from the tablecloth side, but it could be cut from fabric remaining after cutting the apron from the assembled fat quarters.
Red and Yellow
Red side: I used a different red print fabric on the shoulder bands so you can see this extra piece sewn to the apron. These bands can be cut and adjusted in length for apron wearers of any size.

Sometimes I sew on just one pocket and it would be the pocket for my dominant hand. All the lefties appreciate you thinking about them when you decide on where to place a single pocket!
Yellow side: I thought this clever kitchen print was a great choice for the reverse side of the apron and it didn’t need any further embellishment.
Black and Orange
Black side: I inserted narrow strips of orange fabric at the ends of the shoulder bands, just for a little trim.

I trimmed only one of the pockets and the other pocket blends into the printed fabric of the apron. If you’ve been following my apron patterns and suggestions through the years, you’ll remember that I don’t sew two contrasting fabric pockets to an apron because this detail draws the eye across the body at the hip and stomach level, and usually that’s not the area we like to highlight. For a practical apron, I like a dark background print to hide liquid or flour spills.
Orange side: Wide rick rack trims the pockets and also the apron’s bottom edge. Extending the rick rack beyond the fabric edges means that the rick rack can be seen from either side of the apron.
General notes to use if you wish:
My apron patterns are printed on sturdy paper so they withstand many uses. There’s a list area on the pattern where you can write the recipients’ names and the dates of the aprons you make from the pattern. It’s always fun to read the list and jog your memory.
Reversible aprons continue to be a favorite gift at bridal showers. For a coordinating gift, I enjoy trimming a kitchen towel with leftover fabric from the apron.

Watch Sewing With Nancy online or on the go at NancyZieman.com.
For a chance to win a copy of the Crisscross Apron Pattern from Mary Mulari, leave a comment below sharing the fabrics you’d choose to make your apron.
Thank you, Mary, for sharing your latest apron style with us.
Bye for now,

Content in this feed is © copyright 2016 by Nancy Zieman and may not be republished without written permission. You’re welcome to forward the email to a friend or colleague but it’s not okay to add the RSS feed automatically as
content on a blog or other website.
Make sure you are subscribed to my enews mailing list so you won’t miss a thing. Sign up here. Join us on Facebook, plus a host of other social media channels. Connect With Nancy today!