Quilt Binding in Six Easy Steps

A narrow strip of fusible interfacing is the secret to fearlessly binding the edges of a quilt in six easy steps. In the past, it was a trick for us to join the beginning and ending of the quilt binding. Not any more! We hope that you will enjoy this sewing tutorial on quilt binding.

Donna Fenske came up with this idea. Her innovative process is one of the techniques in this week’s Sewing With Nancy featured online video. It's the last of the three-part series, Fearless Quilting Finishes. During this 30-minute show you’ll learn assorted quilt binding finishes. Watch the process online for all the details.

Here’s how to sew a quilt binding
Step One: Prepare the binding strips
Cut one end of the binding with a 45-degree angle. Press in 1/4″ at the beginning angled edge.
Press a 1/4″ strip of fusible tape on top of the folded inner edge.
Step Two: Press the binding
Fold and press the binding in half, wrong sides together, meeting lengthwise edges.

Step Three: Stitch the binding to the quilt
Stitch the binding to the quilt with a 1/4” seam, starting about 4” from the end of the binding. (See the white thread at the far right of the photo!)

Nancy details how to fold and stitch the binding at the corners. Remember, you can watch on Public TV!
Step four: Fuse the quilt binding ends together.  
Remove the paper backing from the fusible web.

When the binding reaches the starting point, tuck the end of the binding into the beginning.  
Trim off the excess binding, if there is any.
With the binding end sandwiched between the starting point, press. The bias seam is secured without stitching.

Next, continue to stitch the remaining 1/4" seam.
Step five: Turn the binding to the wrong side
Press the binding up.

Wrap and pin the binding to the wrong side, covering the stitching line.
Step six: Stitch the final time
Stitch in the ditch, sewing in the well of the seam.

Or, hand stitch the folded edges, stitching on the wrong side of the fabric. (We've obviously used another sample.)
There’s more to learn online or read in the Fearless Quilting Finishes book!
If the corners of your quilting project are hexagon or octagon shaped, learn the tips on how to add binding to easily finish those edges. Also learn how to add binding to curves.

**Did you catch the first two episodes of Fearless Quilting Finishes?**
Watch [episode one](#) and [episode two](#) online.

**Here’s a reference to have close at hand.**
All the information shown in the three-part series is written and illustrated in Nancy’s book, *Fearless Quilting Finishes*. The Sewing With Nancy staff made certain that all the steps were carefully written and illustrated. Presenting sewing and quilting techniques is a team effort!

Happy Quilting!
Team Nancy Zieman
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